



Age- and Dementia-Friendly WASHINGTON

We want everyone to have a good quality of life as they grow older and to help older adults, including those living with memory loss, stay active and involved in their communities.



[CLICK
HERE](#)
for ASL
video

Join one of our virtual Community Forums for Action Planning

Please share your ideas with us
– how can we make changes in
our businesses, government, and
communities to support this?

Thursday, April 2

10 am - 12 pm

Who should attend: General Public
ASL/CART services available

Thursday, April 9

10 am - 12 pm

Who should attend: People living
with memory loss or dementia

Thursday, April 23

1 pm - 3 pm

Who should attend: General Public
ASL/CART services available

Tuesday, April 28

10 am - 12 pm

Session will be
conducted in Spanish

Thursday, April 30

1 pm - 3 pm

Who should attend: Tribal
community members



**Register ahead
for these
virtual forums**

<https://doh.wa.gov/age-and-dementia-friendly>