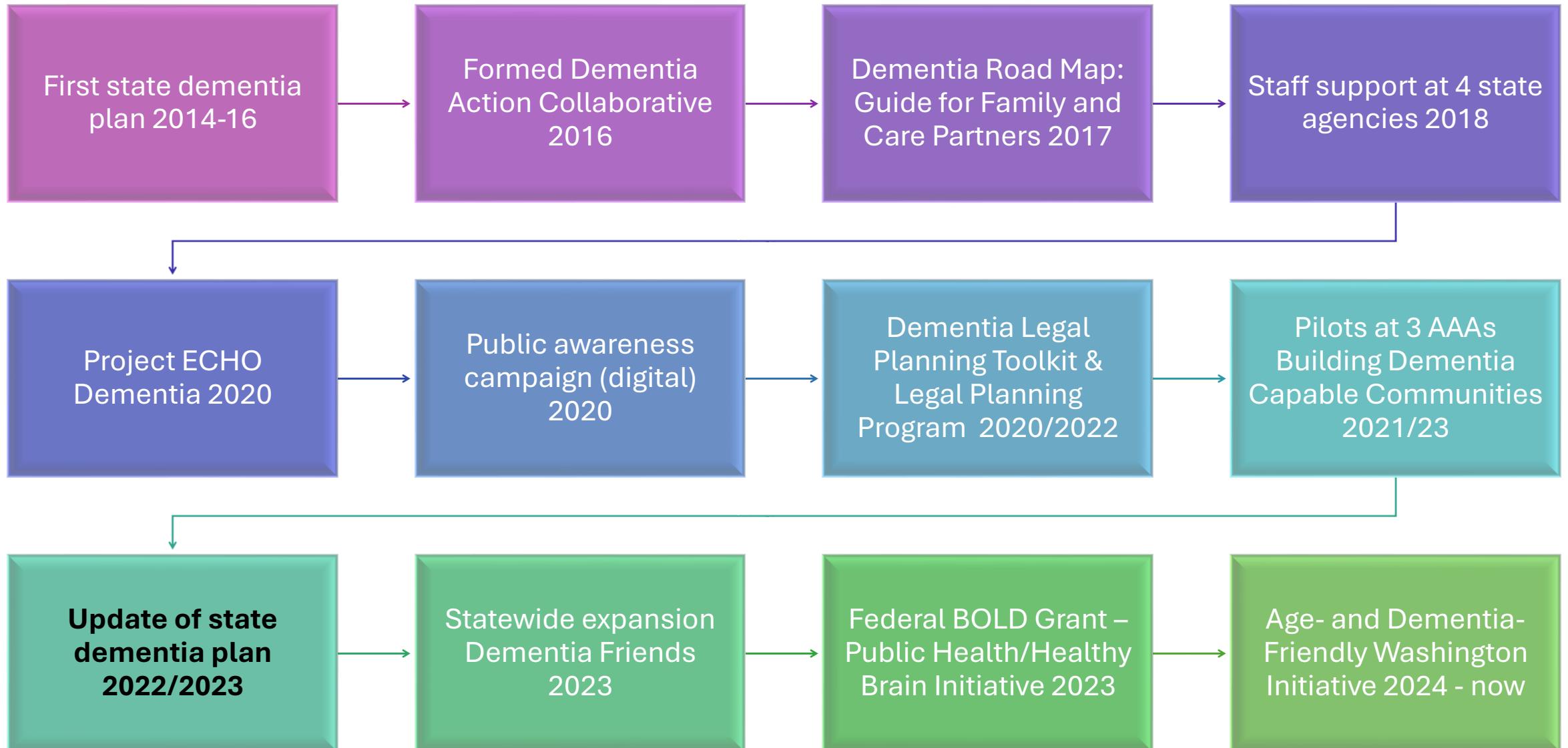


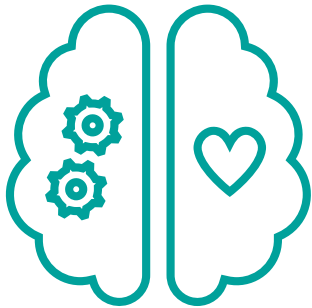
Creating a Dementia-Capable & Dementia-Friendly Washington

- Implementing the WA State Plan for Alzheimer's Disease and Other Dementias

State Plan for Dementia Journey: Progress 2014 – present



Dementia Plan Update 2023 – New and Heightened Efforts



**Increase public awareness of brain health
- actions to reach/inform/support populations at elevated risk of dementia**



Increase knowledge of primary care practitioners around dementia diagnosis and care



Increase awareness of trainings and supports for family care partners

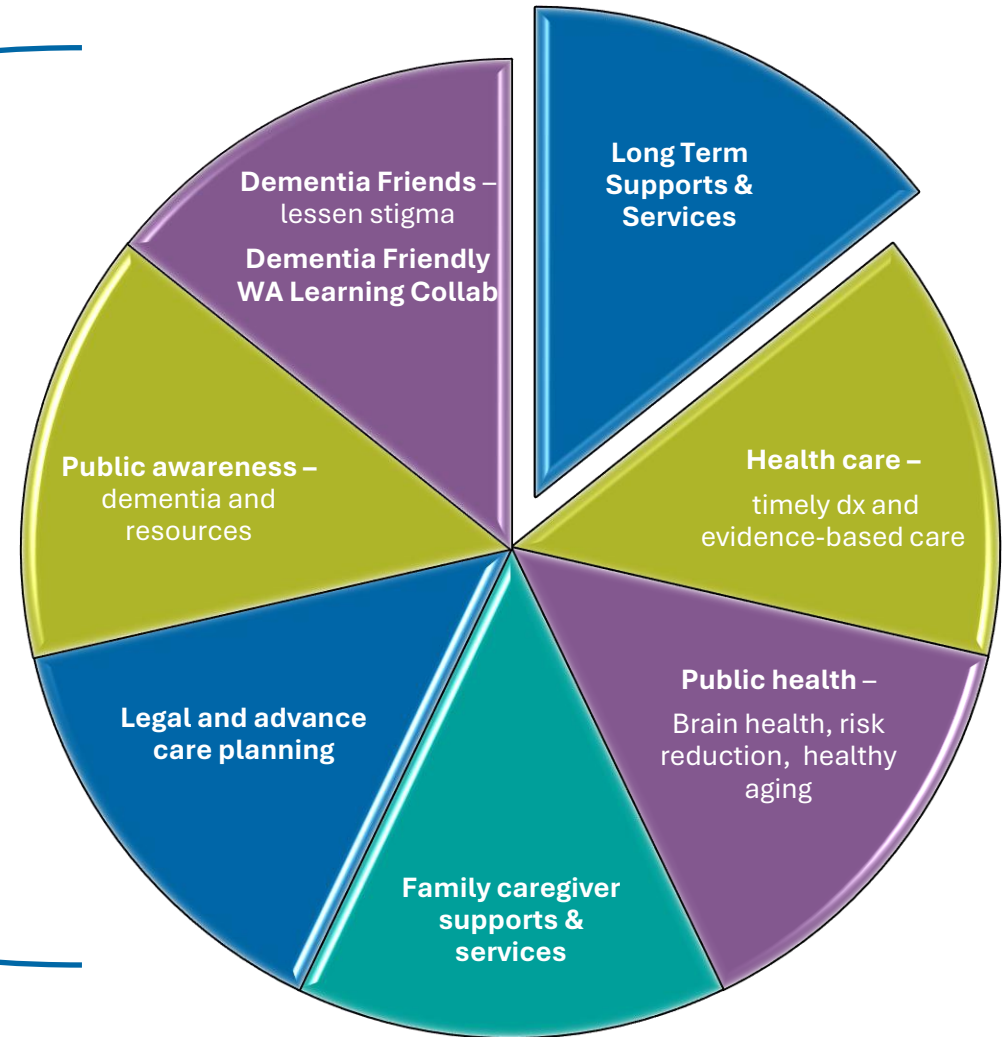


Age- and Dementia-Friendly Washington (raise awareness, reduce stigma, build connections)

Working Across Many Sectors to Amplify Progress

The dementia plan focuses on changing the trajectory and experience of dementia

- Reduce risks for dementia over the lifespan
- Increase public awareness and lessening stigma
- Catch it early to optimize treatment and planning
- Educate public and providers
- Support individuals living with cognitive impairment and dementia at all stages, and their family care partners



Building Dementia Capable Communities

- 3 AAA service areas

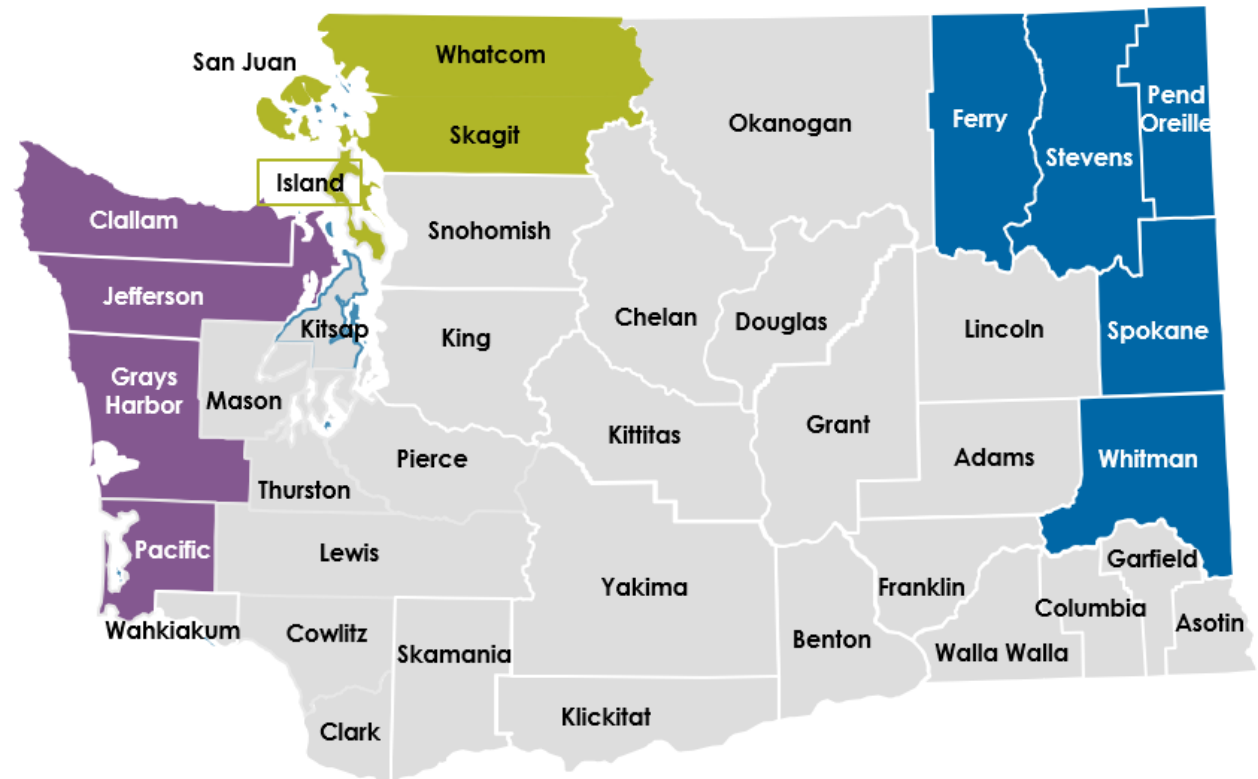


Olympic Area
Agency on Aging

Northwest Regional
Council

Aging and Long-Term
Care of Eastern WA

- Pilot program funded by the state legislature, 2021 & 2023
- Purpose is to:
 - 1) Increase knowledge about dementia and how to respond (consumers and professionals)
 - 2) Build new partnerships and approaches for a more dementia-friendly community
 - 3) Develop and/or expand dementia-capable direct services



DSHS-Research and Data Analysis Evaluation – 2022-2024



146 Professional Trainings

99% of staff reported that training activities increased their capacity to support people living with memory loss or dementia.



138 new cross sector partnerships

Strengthened community partnerships and rural outreach. BDCC fostered new partnerships and deepened existing ones.



908 Clients Used Dementia-Capable Direct Services

95% of family caregivers reported the trainings and/or services helped them provide care for a person living with dementia.

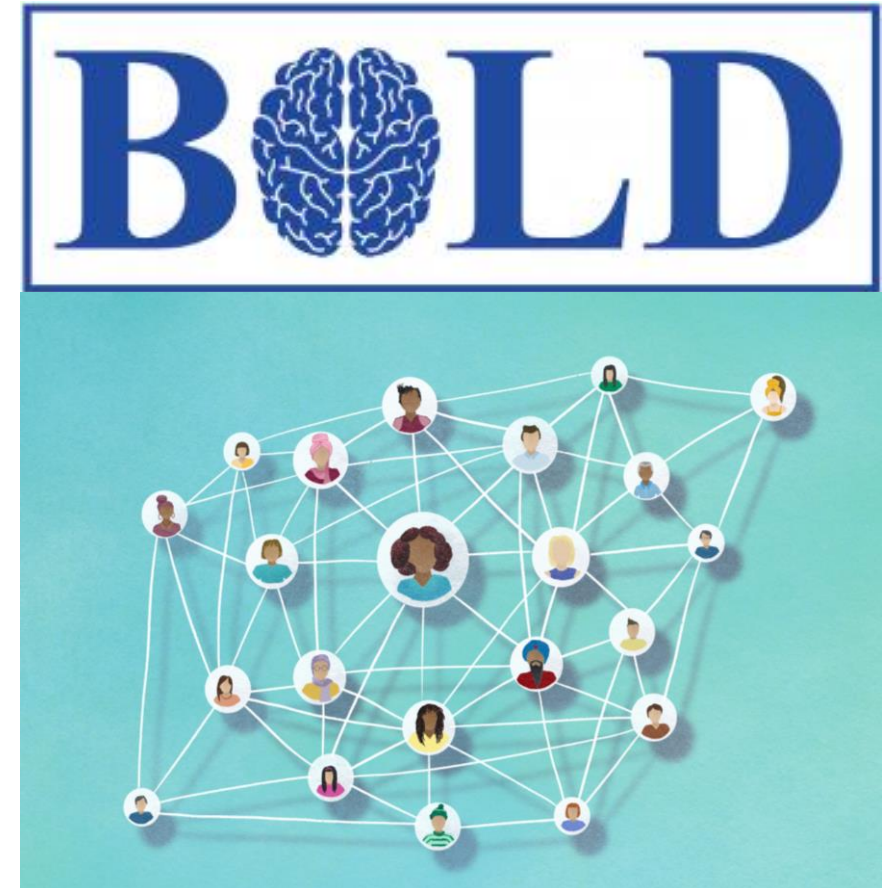
58% of family caregivers reported the trainings and/or services help the person living with dementia stay longer at home.

Brain Health and Dementia Awareness Grants for Community Organizations



Brain Health and Dementia Awareness in Our Communities education curriculum

- Dementia and its impacts on our community
 - Signs of dementia and early detection
 - Brain health/Reducing the risk of dementia
- **Additional grant Activities**
 - Facilitate 2 community education sessions
 - Implement optional educational and programmatic activities they chose



Community Based Organizations, 2025



- 1) African Community Housing and Development
- 2) Chelan Health
- 3) Confluence Health
- 4) Grace Clinic
- 5) Ingel's Creek Enrichment Center
- 6) Latino Civic Alliance
- 7) Manito Presbyterian Church
- 8) National Council of Negro Women
- 9) North Sound Accountable Community of Health
- 10) Nuestra Casa
- 11) Urban League of Metropolitan Seattle
- 12) Walla Walla Senior Center

Dementia Innovation Summit, March 2025



Gathered to learn about:

- Modifiable risk factors across the life course
- Evaluating cognitive concerns accurately and efficiently
- Helpful resources for people living with cognitive decline and their care partners



Results:

- ❖ 100+ registrants
- ❖ High engagement and energy
- ❖ Shift in attitude and language around dementia
- ❖ Yearning for more opportunities
- ❖ Connectedness and community created among participants
- ❖ Connections with vendors present: WA4, Dementia Friends, Alzheimer's Association, Rippl, Magnolia, Frontal Temporal Dementia, Dementia Action Collaborative, Dementia Legal Planning



Age- and Dementia-Friendly WASHINGTON

DOH10758 CS February 2025



Discovery Meeting
with aging network
stakeholders and
partners, 2022



Core team of 3
state agencies &
aging partners
developed
applications to
AARP and
Dementia Friendly
America/USAgings,
including Governor
Inslee's support



Approved for Age-
and Dementia-
Friendly State
designation, May
2024



Convened
Advisory Group
(planning), 2024-
2025

Age- and Dementia-Friendly e-Newsletter available for interested parties:
If you want to be on this list, put name and email in Chat or email lynne.korte@dshs.wa.gov



Age- and Dementia-Friendly WASHINGTON

DOH10758 CS February 2025

Next Steps and Timeline – Now through Dec 2026



Survey content draft
by Aug 31, 2025

Group reviews of
content, then
testing
Sept - Oct 15, 2025

Launch/field Online
Survey
Around Nov 1 – 30,
2025

Analyze data
Dec 2025

Sensemaking of data
with Advisory Group
Jan 2026

Action Planning
group sessions
Feb-April 2026

Draft Action Plan
April-June 2026

Share Action Plan for
Comments
July-Aug 2026

Refined Action Plan
By Oct 31, 2026

**Review processes
and finalize
Due Dec 31, 2026**



Can you
help us?

Survey available in:

- English
- Spanish
- Russian
- Vietnamese
- Chinese Simplified
- Ukrainian
- Cambodian
- Korean
- Somali

Age- and Dementia-Friendly WA Online Survey


Survey available first week of November (for about a month)

- 1) Asking YOU to respond to the survey when it's posted
- 2) To help us by sharing it out to your networks, friends, and/or family

Target audience: Adults 18+ with a focus on reaching older adults (in WA)

If you want to be sure to get the survey link **and/or** the Survey Outreach Toolkit, email: olderadults@hca.wa.gov

Nov 1 – 30th You can go to survey link - <https://doh.wa.gov/age-and-dementia-friendly-washington-survey>




JOIN US!

Collaborating for a Dementia-Friendly Washington: **Building Momentum**

A gathering to promote the growth of dementia-friendly communities in our state

Monday, October 27, 2025 | 10 a.m. – 4:30 p.m.
Tukwila Community Center

Learn more and register beginning August 27:
tinyurl.com/DementiaFriendlyWA2025




An in-person event (after 3 virtual ones!)

WHO SHOULD ATTEND?

This conference is for anyone who wants to take action to make their community more dementia-friendly, including people with dementia, caregivers, and people who work in a variety of public settings:

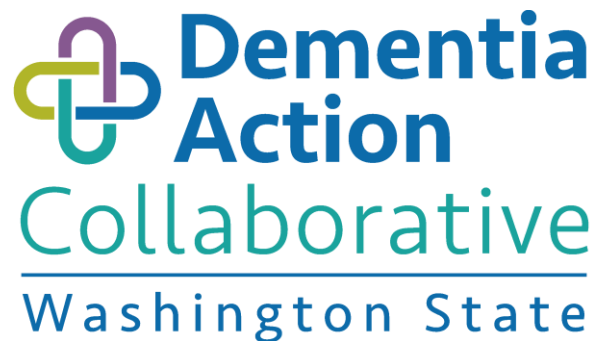
- Aging and senior services
- Arts and culture
- Chambers of commerce
- City, state, tribal government
- Community centers
- Cultural associations
- Faith communities
- Libraries
- Neighborhood groups
- Parks and recreation
- Service clubs
- Social or health care services



There's
still
space!!

To register: tinyurl.com/DementiaFriendlyWA2025

Programs and Resources



Share as you can!

Can find these and more on our DAC
webpage- [DAC webpage](#)

Dementia Friends

- Building awareness among individuals



- 5,450 Dementia Friends!
- 90 Dementia Friends Champions
- 14 Regional coordinators
- 30 counties participating
- 96 info sessions this year so far

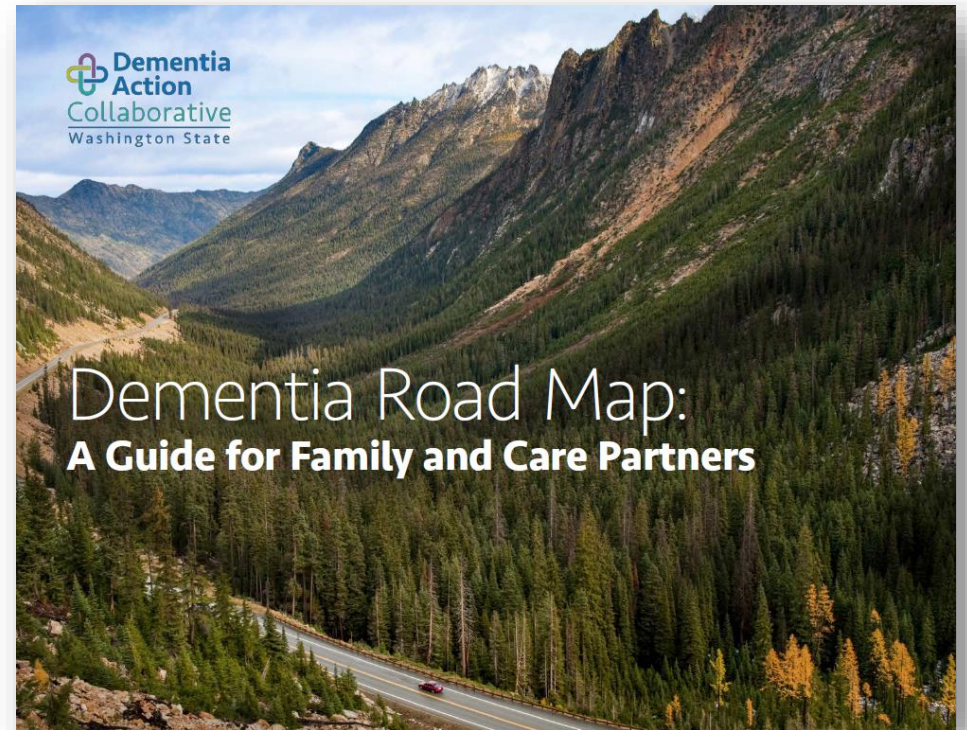
Find a Dementia Friends session in your area, or virtually:
[Dementia Friends WA](https://www.dementiafriendswa.org/)

Available in: Spanish,
Chinese, Vietnamese &
Russian. New youth
curriculum coming!



Dementia Road Map: Guide for Family and Care Partners

- Online PDF version
- Print version – disseminated **150,000+** already
- Available in English, Spanish and Russian



Consumers order 1-5 copies: Dementiaroadmap@dshs.wa.gov

View online at: <https://www.dshs.wa.gov/altsa/dementia-action-collaborative>

Organizations/bulk copies: [MyPrintDesk](#)

Dementia Legal Planning

Leverages pro bono legal expertise across the state

Free help with -

- Powers of attorney
- Health care directives
- Dementia directives



PBC

WA Pro Bono Council:
www.dementialegalplanning.org

**Dementia Legal Planning**

DEMENTIA LEGAL PLANNING PROJECT



Unsure about how to navigate legal planning if you or someone you love has dementia?

Get free legal help with the following:

- Powers of Attorney for Finances and Health Care
- Health Care Directives
- Dementia Directives

Who is Eligible?

- People 60 years and older
- People with dementia of any age

FOR MORE INFORMATION:


 **425-780-5589**

 www.dementialegalplanning.org

This program is funded, on behalf of the Dementia Action Collaborative, by the Aging and Long-Term Support Administration/DSHS.

Dementia Action Collaborative
Washington State

WA Family Caregiver Learning Portal

- Online tool for unpaid family caregivers in WA
- Articles, videos, webinars
- Online chat rooms and support groups
- Learn more at QR code 
- Or
- [Wacaregivingjourney.com](https://wacaregivingjourney.com)



We're here to help unpaid family caregivers

No one is born knowing how to take care of a person getting older, experiencing dementia or living with a disability. This online tool is free to all unpaid family caregivers in Washington.

Visit the Washington Family Caregiver Learning Portal.
Resources include:

- Articles
- Videos
- Tip sheets
- Webinars
- Online chat rooms and support groups

The portal can help family caregivers reduce stress, find local resources and provide more informed care for loved ones. All you need is internet access and a laptop, tablet or smart phone.



Check it out at
wacaregivingjourney.com

Families can learn about:

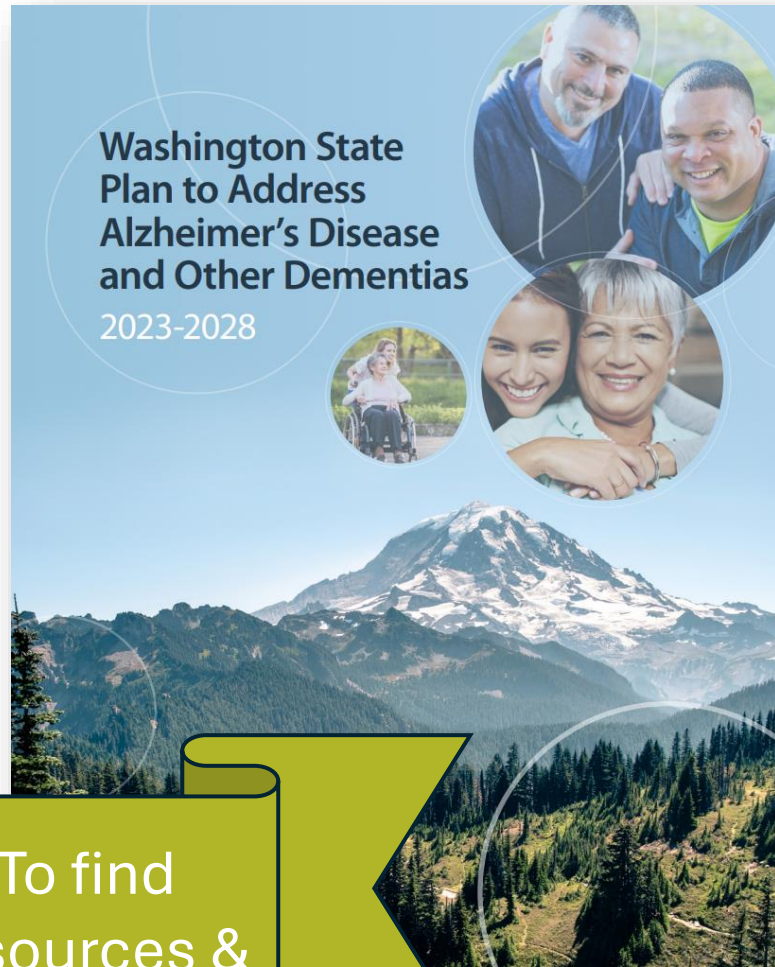
- Safety and injury prevention
- Behavioral changes in dementia
- Legal and care planning
- Importance of self-care
- And much more...



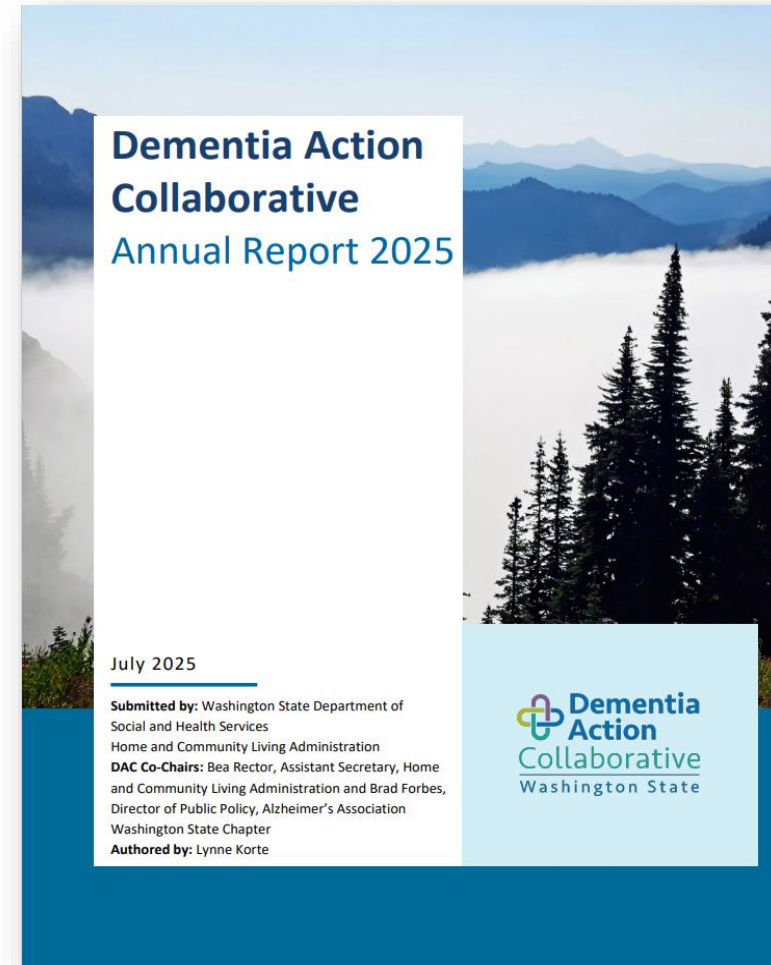
Washington
Family Caregiver Learning Portal
Powered by Truaita



State Plan for Dementia & DAC Annual Report



To find
resources &
learn more!



[Dementia Action Collaborative | DSHS](#)

Thank you!

Dementia Action Collaborative

<https://www.dshs.wa.gov/altsa/dementia-action-collaborative>

DAC Plan Coordinator and Program Manager:

Lynne.Korte@dshs.wa.gov

